



NANOCEUTICALS™ TODAY

RBC LIFE SCIENCES: PIONEERING NANOTECHNOLOGY IN NUTRITIONAL SCIENCE

Volume 2, Number 2

July 2006

“Can I Look and Feel Younger Than my Age?”

RBC Life Sciences -- the Anti-Aging Company

You may know people in their 60's who already have the signs and symptoms of aging with wrinkled skin, memory loss, osteoporosis, and little strength or energy. On the other hand you may also know other people in their seventies who don't show their age. They are active, mentally alert, and energetic. They stand straight; have smooth skin, and very few aches and pains.

What is the difference? The clock ticks at the same rate for all of us, so why do some younger people look older, and some older people look, act, and feel younger? “How can you be one of those? How can you avoid the signs of age deterioration?”

Scientists tell us, that based on many scientific studies, most of the signs and symptoms of aging are related to the constant attack against our cells, tissues and organs by oxidized compounds called free radicals. The assault is called oxidative stress. All of the 75 trillion cells that make up your body are attacked by free radicals 10,000 times per day!

This constant trauma to your body, every minute of the day, can cause you to look and feel older years before your time. The most damaging of these free radicals are the hydroxyl and superoxide free radicals, but the other free radicals also attack and destroy vital tissues.

Free radicals are formed first by the normal metabolic process of oxidation that is necessary to generate energy to run your body. However, additional free radicals are generated by unnatural chemicals in your air, food, and water. Still higher levels of toxic free radicals are formed in your body from mental stress, strenuous exercise, overeating, inadequate rest, and/or an unhealthy diet or life style.

You will always have some normal level of free radicals, but if you want to avoid aging too early in your life, (and who doesn't?), then you need to do whatever you can to reduce and control those dangerous higher levels of free radicals by some very simple steps.

First, try to reduce the physical causes of free radicals by reducing stress and any unhealthy life style habits.

Second, include antioxidants in your daily diet. Eat several servings of brightly colored fruits and vegetables. They contain natural antioxidants – especially if they are fresh

and grown organically in good soil.

Third, to be sure that you are providing your body a good supply of antioxidants, you can take the best and most complete antioxidant on the market, Microhydrin® Plus™.

Why is it a better antioxidant? Because free radicals occur as different size, shapes and chemical configurations. Microhydrin Plus is designed to scavenge the wide range and different types of free radicals. These additional antioxidants also have multiple benefits over and above scavenging free radicals. Microhydrin Plus provides:

1. alpha lipoic acid -- shown to reverse cognitive decline in animals
2. green tea – protects neurons in the brain
3. magnesium ascorbate -- penetrates and protects neural tissue
4. milk thistle – supports liver detoxifying function
5. n -acetyl l-cysteine – critical to health of mitochondria and DNA
6. niacinamide -- supports mitochondrial production of energy
7. l-selenium methionine – essential to memory, cognitive function
8. quercetin – protects cardiovascular and brain function
9. Microhydrin – powerful source of antioxidant electrons, hydrates cells, lowers lactic acid *

Most antioxidants have only one electron to give up. After they lose that one electron they are no longer able to function as an antioxidant. However, Microhydrin provides trillions of electrons – we can measure them! Microhydrin has been shown in independent studies to recharge other antioxidants with fresh electrons so they can fight free radicals again and again. By being “recycled” your 500 mg of Vitamin C may function like two or more times that amount!

So to help you avoid the signs and symptoms of aging, include at least two Microhydrin Plus each day with your other supplements and your basic 24Seven Life Essentials nutritional program.

Reference:

Tamara R. Golden, Douglas A. Hinerfeld and Simon Melov, Oxidative stress and aging: beyond correlation, *Aging Cell*, Volume1 Page 117, - December 2002

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*