



# NANOCEUTICALS TODAY

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## For Quick Energy, and Better Focus

As a person who enjoys an evening of bridge, once or twice a month, I can tell you a glass of cold, delicious Triple FX before the game means: you will remember the cards that have been played, and you won't "fog over" and forget which suit is trump.

What's more -- the energy and alertness lasts all evening.

The secret as to "how" and "why" it works so well and so fast lies in the synergistic balance of the **30 special ingredients** that make up this great formulation.

You already know how important vitamins A, C, E, B1, B2, B6, and B12 are in supporting amino acids to enhance energy and focus. You may also be familiar with the need for Niacin (B3) and Pantothenic acid (B5) both of which support hundreds of vital reactions in the body, but you may not have heard much about some of the other jewels in this treasure chest.



Some of the less-well known ingredients, that we used, include: 250 mg of **L-Tyrosine**, an important amino acid. In a double-blind clinical study of humans deprived of one night's sleep, L-Tyrosine improved performance in mental function that lasted for three hours in subjects taking only 150 mg, compared to the placebo control group who took no L-Tyrosine.<sup>1</sup> \*

**Tyrosine** is an amino acid found in **Triple FX, Spirulina, and Slim Shake.**

**Taurine** is an important brain food found in high concentrations in the brain and in the cells that form the heart muscle. Taurine supplementation also acts as an antioxidant to fight oxidative damage to heart tissue and to protect cardiac function.

**500 mg of Choline**, a natural product present in eggs, was included because it supports numerous important functions including the metabolism and development of the brain.

**300 mg of Glucuronolactone**, a naturally occurring carbohydrate that is a precursor to taurine.

**500 mg L-Phenylalanine**, a naturally-occurring and essential amino acid that is necessary not only to the manufacture of protein, but to the process by which vital messages are transmitted through your brain and nervous system. It converts to tyrosine which in turn is a precursor to dopamine, a neurotransmitter associated with positive feelings. Phenylalanine is in virtually all protein-rich foods, meats, seafood, dairy, nuts and many vegetables. A few people have the rare genetic disorder, PKU, an inability to metabolize phenylalanine, and should abstain from consumption of foods and products containing phenylalanine.

**250 mg of Glycine**, the simplest amino acid. It occurs principally in the nervous tissue of the spinal cord where messages are transmitted to and from the brain throughout the body.

**200 mg of GABA**, an essential in the system of nerve transmission and acts as an inhibitor in the brain, it acts as a balancer where excitation is balanced with inhibition. It supports the gland in the brain (pituitary) that releases natural growth hormone.\*

**80 mg of Caffeine**, a natural central nervous system stimulant, having the effect of warding off drowsiness and restoring alertness. This small amount helps transmit proteins into the nervous system. The amount of caffeine in Triple FX is approximately equivalent to 3/4 of an 8 oz cup of regular grocery-store coffee made by the drip method, or 1/3 of the amount of caffeine in an 8 oz cup of regular Starbucks coffee.

The minerals in Triple FX: **calcium, zinc, copper, chromium, and potassium** are important in the overall metabolism of the amino acids and the other compounds listed above.

Together these ingredients provide a safe healthy way to brighten your day with an afternoon pick-me-up, enhance your energy, and improve your focus for games or any other form of mental exercise.\*

#### Reference:

1.) Study conducted by Naval Aerospace Medical Research Laboratory in Pensacola Florida. Neri DF, Wiegmann D, Stanny RR, et al. The effects of tyrosine on cognitive performance during extended wakefulness. *Aviat Space Environ Med*, 1995; 66: 313-9.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.